

Where Is Your Energy Going?

Worksheet: Home Energy Quiz

Instructions. Go through each of the energy use questions and colour in the box to the right which best describes your home. You may need to ask an adult to assist you in answering some of the questions. Add up the number of coloured boxes at the end of each column.

Energy use question	A. High energy user	B. Moderate energy user	C. Low energy user
Do you turn off lights if you are not in the room?	Lights left on all the time	Lights turned off sometimes	Lights always turned off when no one in room
Do you heat your beds?	Electric blanket used all night	Electric blanket used just before bed	No heating
What are your main forms of cooking?	Electric stove and oven	Occasional microwave	Microwave and/or gas stove
Do you have a fridge or freezer?	Always running	Only when needed	No second fridge or freezer
Where is your fridge located?	In a hot spot	A sometimes warm spot	In a cool spot
How do you turn off your appliances?	Turn on and off with the remote control	Turn off at the wall sometimes	Turn off at the wall all of the time
Do you have a computer and how do you turn it off?	Left on for long periods	Use energy star sleep features	Computer turned off (when not in use) / do not have a computer
What type of water heater do you have?	Electric storage	Gas	Solar, 5-star gas or heat pump
Do you shower or bathe?	Long showers and deep baths	Showers only or shallow bath	Short showers (3 minutes or less)
What water temperature do you use for clothes washing?	Always hot or warm	Sometimes warm	Always cold
How do you dry clothes?	Always use the dryer	Sometimes use the dryer	Always dry on the line or clothes airer
How much of your home do you heat and cool?	Whole house	All living spaces	Only rooms that people are in
What do you use for heating?	Whole of house heating	Single room heater	Warm clothes and occasional heater
What do you use for cooling?	Whole of house cooling	Single room air conditioner	Ceiling fans
Total number of coloured boxes			

How did your household score?

The column with the highest number of coloured boxes best describes the way your household uses energy. Read the results below and find out what you can do to improve your home's energy efficiency.

Column A: High Energy User. Unfortunately you are using too much energy. Look for ways to improve areas where you were a high energy user. Remember by using less energy, you can save money on your energy bill, and help the environment too.

Column B: Moderate Energy User. Your home is getting closer however there are steps you can take to improve energy efficiency in your home. Review the quiz and see what changes you can make to become a low energy user.

Column C: Low Energy User. Congratulations. Your home is very energy efficient! Keep up the good work and educate your friends to follow your example.